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Aesthetic Plastic Surgeon
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Surgery of the Chin –Chin Implant/ Mentoplasty / Genioplasty

Chin surgery is minimally invasive and can change the shape of the chin to reduce a prominent chin or extend the chin from the face. The contour of the chin can be reshaped to be smoother, or more angular in appearance thereby creating or enhancing a better profile. Often a small, weak chin can make a nose appear larger so patients are sometimes advised to have chin surgery in conjunction with [rhinoplasty](#) to create a better balance of features. Patients can also have [neck liposuction](#) to remove excess fat from under the chin to redefine the chin line. Chin augmentation can make a major difference to the overall appearance of the face.

To correct a receding chin either an implant can be inserted or the chin bone can be moved forward to a more normal position. For a prominent chin the bone can be reduced and re-sculptured to a more acceptable size.

Chin Surgery can be performed to

- Add definition to the jawline
- Correct a receding chin line
- Create a stronger looking chin
- Balance out facial features
- Enhance a profile

Understanding the Procedure

Chin surgery is normally performed under general anaesthesia or local anaesthesia with IV sedation and takes 45-60 minutes depending on the extent of the surgery to be performed.

Chin Augmentation (to correct a receding chin)

Dr Pham makes an incision in the natural crease line under the chin or inside the mouth where the lower lip meets the gum. An implant (the size of which has been predetermined at previous consultations) is then inserted into the created space and fitted into place. The incision is closed with fine stitches. The sutures on the inside of the mouth show no visible scarring. Sutures along the chin crease will hardly be noticeable. The implant is usually Silastic.

Chin Reduction Surgery (to correct a prominent chin)

In surgery for chin reduction Dr Pham makes small incisions either inside the mouth or under the chin and sculpts and repositions the facial bones to create a more harmonious look.

Initial Consultation

The majority of Dr Pham's patients are from referrals by General Practitioners or other Specialists. However, many patients are now seeing Dr Pham because of *word of mouth* referrals from previous patients. These referrals are often the best referrals. Friends, relatives or coworkers who have had facial and cosmetic plastic surgery are often willing to share their experiences. It is often helpful to talk to these people before contemplating surgery.

Facial and cosmetic surgical procedures can help increase self-confidence because, generally when people look better, they feel better. However certain aspects of facial plastic and cosmetic surgery which cannot be ignored are the patient's mental and emotional attitudes.

An initial consultation gives you and Dr Pham the opportunity to discuss your intended procedure/s in full.

Some of the questions you may wish to ask are:

- Am I a good candidate for this procedure?
- What is a realistic outcome for me after surgery?
- How long will the operation take?
- What is the recovery time?
- What are the risks involved?
- Is post-operative medication necessary?
- What is the charge for the procedure?

It is a good idea to write down the answers Dr Pham provides so that you can review these carefully later. The consultation also provides you with an opportunity to meet Dr Pham to determine whether your personality and his are compatible and that you feel comfortable with him as your surgeon.

Medical History

It is important that you are candid with Dr Pham and his staff regarding your medical history so that he can plan the best possible treatment. This information is strictly confidential. Please inform him of any:

- Previous facial and/or cosmetic surgery (nose, eyelids, breasts etc.)
- Past and current medical conditions such as heart, lung and kidney disease, prolonged bleeding or excessive bruising, blood clots in the legs or lungs, or gastric reflux.
- Current medications especially Aspirin, Anti-inflammatories, Warfarin, blood thinners, Insulin, and oral contraceptive pills. Over the counter products such as vitamins and herbal medications may also be important.
- Allergies or adverse reactions to antibiotics, anaesthetic drugs or other medications.
- Psychological and psychiatric illnesses
- Past keloid scarring or poor healing
- Connective tissue disorders such rheumatoid arthritis, lupus erythematosus, scleroderma or similar
- Previous radiotherapy to the head, neck or breast areas.

Dr Pham will then examine your features and after discussing options and specific risks and benefits will recommend the most appropriate procedure/s for you.

We respect your privacy. During your consultation you will be able to view some *before and after* photographs. We emphasise that the only photos shown are those of patients who have given their written permission to do so.

MAKING A DECISION TO PROCEED WITH SURGERY

Whether your surgery is desired for functional or cosmetic reasons, your choice of a qualified facial plastic surgeon is of paramount importance. As a Facial Plastic and Cosmetic Plastic Surgeon, Dr Pham is trained in both Otolaryngology Head & Neck Surgery and Facial and Body Cosmetic surgery, which provides you, the patient, with the highest level of training and expertise.

You should be informed as much as possible before making a decision to proceed with cosmetic surgery. Cosmetic surgery is an elective procedure, which means that it is a personal choice and not necessary for maintenance of good health. You can expect a thorough explanation from Dr Pham regarding the various types of surgical and non surgical procedures. Dr Pham will inform you of the best methods of anaesthesia, the surgical facility where your procedure will take place and the benefits and risks involved in surgery. Following a joint decision by you and Dr Pham to go ahead with a procedure, photographs of you will be taken and Dr Pham will further discuss the options available.

A good rapport between you and Dr Pham and realistic expectations are prerequisites for successful outcome. You are most likely to be pleased with the results if you have a realistic idea of what surgery can and cannot do.

The goal is for a natural, aesthetically pleasing and balanced look.

Please do not hesitate to seek another doctor's opinion if you are uncertain about Dr Pham's advice. You are the most qualified person to select a surgeon that is right for you.

PREOPERATIVE (Before surgery) INSTRUCTIONS

- Please cease Aspirin, Aspirin-containing products, Plavix and non-steroidal anti-inflammatories (such as Ibuprofen) for 10 days prior to and two weeks following your surgery. If you are on any medications that affect bleeding (such as Warfarin) please notify Dr Pham.
- Smoking tobacco and alcohol increase anaesthetic and surgical risks. Please cease them for one to two weeks prior to and three weeks following surgery. They cause delayed wound healing, skin redness and other complications.
- Please notify us of all your routine medications and significant health history. You can remain on your daily medications, except for blood thinners unless instructed otherwise.
- Arnica, a natural herb that significantly decreases bruising, can be taken before and after surgery along with Vitamin C (ascorbic acid), which helps promote healing.
- If you are having a morning procedure you must not eat or drink after midnight the evening before. If you are having an afternoon procedure you must not eat or drink after 6.00am on the morning of surgery. You may, however, take your normal medications and brush your teeth.
- Please shower and remove any make-up and nail polish before arriving for your procedure.
- Unless you are remaining in hospital someone will need to drive you home after surgery and stay with you that evening.
- If you have any concerns please call the office. Remember, we are all here to give you the best possible care.

POSTOPERATIVE (After Surgery) INSTRUCTIONS

After surgery Dr Pham will cover the wound with a sterile dressing. The dressing will help to minimize any swelling and will keep any implant in place. Once the dressings are removed please keep the sutures moist with Vaseline as this allows the stitches to remain supple which makes them easier to remove approximately 5 days after surgery.

You should rest for the entire day after surgery. Swelling, bruising and disrupted sleep are very normal postoperative symptoms and will decrease as the healing process occurs. Chewing may be limited so it is advisable to have soft foods and soups until a normal diet can be tolerated. Our staff will advise you when it is OK to apply sunscreen, cosmetics and facial creams.

Most people return to work after one week, and after 6-8 weeks most of the swelling will be gone and you will see a marked improvement in your facial features. We request that you please follow-up with us for at least one year for assessment and postoperative photographs assess your progress.

Medications Dr Pham will prescribe pain relief to be used as directed. Most patients complain of discomfort rather than pain. Do not take additional pain relievers other than what Dr Pham suggests or prescribes and start any antibiotics when you get home.

Take Vitamin C (ascorbic acid) 3000mg daily which helps promote healing, for two weeks following surgery. Take Arnica, a natural herb that significantly decreases bruising for one week following surgery.

Please Inform Dr Pham at his room if you have the following:

- High fever, chills or a temperature of more than 38 degrees
- Heavy bleeding from the wound
- Severe pain or tenderness
- Significant redness, or discharge around the incision.

If you have any concerns you can contact Dr Pham office. Remember, we are all here to help in any way we can.

Risks of Surgery

Modern surgery is safe but does have risks. Complications can occur despite the highest standards and world's best practice principles used by Dr Pham.

It is not possible to list all the risks but you should be informed of the common side effects and benefits so you can make an informed consent. Dr Pham will discuss these in greater detail at consultation. You should write down any particular questions or specific concerns.

The potential risks are

1. General risk of surgery

- Wound infection – may require antibiotics
- Bleeding, blood clots or seroma
- Chest infection
- Sore throat from the breathing tube
- Scars that become raised (hypertrophic or keloid)

2. Specific Risks

- Asymmetry is common as the jaw and the face are often asymmetric
- Displacement or extrusion is uncommon
- Reduced sensation around the lower lips is usually temporary and should return to normal in 6 weeks to 3 months.
- The implant may be too small or too big

FEES The cost of is:

Surgeon fee	2500-3500 +GST
Implant	700 +GST
Anaesthetist fee	800-1000 +GST
Hospital	2000-2500 +GST
Churchill Day Surgery	1800 +GST

There may be additional cost for complex or combined case with other procedures.

Please [contact us](#) for your consultation on chin implant augmentation / genioplasty

You can view our website www.perthcosmeticsurgery.com.au

- Information on a range **cosmetic surgery and non surgical cosmetic procedures** available
- **[Gallery / Before & After Photos](#)**
- Find answers to your most **[Frequently Asked Questions](#)** (FAQs).
- Fees and Private Health Insurance rebate

If you wish to learn more about cosmetic surgery and facial plastic surgery please [contact us](#) to schedule a [consultation](#) with our Facial Plastic and Cosmetic Plastic Surgeon, **[Dr Tuan Pham](#)** or Nurse Coordinator.

GALLERY of Chin Implant

