

Dr. Tuan V. Pham M.B.B.S., F.R.A.C.S.
Facial Plastic & Reconstructive Surgeon
Aesthetic Plastic Surgeon
Nasal, Sinus & Rhinoplasty Surgeon
Head & Neck Surgeon

Perth Facial Plastic
Cosmetic Surgery 

Level 1, 136 Churchill Ave, SUBIACO
Western Australia, Australia 6008
Tel: +61 (8) 9380 448 Fax: +61 (8) 9380 9677
Email: info@perthcosmeticsurgery.com.au
Web: www.perthcosmeticsurgery.com.au



Lip Enhancement

Full, voluptuous and well-proportioned lips have always been recognized as aesthetically desirable features. Thin lips can be a result of the natural aging processes (stress, exposure to sunlight, smoking etc.), trauma or congenital abnormality. A number of procedures and injectable products can be used to enhance the lips to create a more youthful look while maintaining natural facial animation.

Lip enhancement can be used to:

- Increase the volume of the lips
- Eliminate wrinkles around the mouth so that lipstick does not "bleed" or "run".
- Eliminate a sad look when the mouth is down turned
- Balance the thickness of the upper and lower lips
- Recontour the Cupid's Bow
- Lift saggy corners of the mouth and lips

Understanding the procedure

Upper and lower lips can be enhanced (augmented) or reduced in size. Surgery can be performed to achieve the desired effect under local anaesthesia, or alternatively, a dental block is used and then a number of different types of fillers can be injected into the lips beneath the skin's surface. The fillers range from Restylane, Juvéderm, Esthélics, Aquamid, etc. and Dr Pham will discuss these treatments with you and point out their effectiveness. Fillers are injected into the upper and lower lip borders to enhance definition and contour, or into the upper and lower lips to create volume. Costs vary greatly and you need to take the time to consider the various options available. Results vary depending on the substance used.

After the procedure your lips will be swollen and numb, and this will gradually subside over the next 1 to 2 weeks. You will need to keep your lips moist and will have to be careful with hot foods and drinks until a few hours after your procedure. Please remember to always protect your face from the sun by wearing a hat and sunglasses.

Injectable Fillers

1. Natural

Autologous fat and fascia (from your own body)- this has a high absorption rate and may leave unevenness. Only 30-50% is retained long term. Newer techniques of micro fat injections allow for higher retaining rates. More than one treatment is usually required.

2. Synthetic

- a. Lasting for 6-9 months
- b. Lasting for 12-18 months
- c. Lasting up to 3 years or more.

Dr Pham uses many different types of filler. One type of filler, hyaluronic acid (HA) is natural complex sugar found in skin and body tissues that have a role in tissue hydration, skin structure and elasticity. Dr Pham also

uses synthetic forms, which are manufactured into an injectable gel that is easily used and does not require a pre-test for allergy. This is the most commonly used filler at Perth Facial Plastic & Cosmetic Surgery and other cosmetic practices.

Fat grafting / fat injections create a natural augmentation for the face, especially for the lips and mouth regions. Fat is usually harvested from the abdomen and about one third of the volume remains after the treatment. Fat grafting can be repeated for additional fullness.

Before the Procedure

At Consultation – please inform Dr Pham of

- Any previous use of fillers
- Any previous lip or mouth surgery
- Any bleeding disorders
- Current medications especially Aspirin, Anti-inflammatories, Warfarin, blood thinners, Insulin, and oral contraceptive pills. Over the counter products such as vitamins and herbal medications may also be important.
- Allergies or adverse reactions to antibiotics, anaesthetic drugs or other medications.
- Past keloid scarring or poor healing

Please Inform Dr Pham at his clinic if you have the following:

- Cold sores
- High fever, chills or a temperature of more than 38 degrees
- Heavy bleeding from the wounds
- Severe pain or tenderness
- Significant redness, tenderness or discharge around the incision

Risks of Surgery

Modern surgery is safe but does have risks. Complications can occur despite the highest standards and world's best practice principles used by Dr Pham.

It is not possible to list all the risks but you should be informed of the common side effects and benefits so that you can make an informed consent. Dr Pham will discuss these in greater detail at consultation. You should write down any particular questions or specific concerns.

The potential risks are

1. General risk of surgery
 - Wound infection – may require antibiotics
 - Bleeding, blood clots
2. Specific Risks
 - Asymmetry is common but rarely this is gross. Minor revision may be recommended.
 - Too little or too much fillers. Dr Pham usually under fills the areas as more filler can easily be added later if required
 - Extrusion of the filler.
 - Minor lumps or irregularities of the lips.
 - Reduced sensation, nausea and loss of balance is temporary
 - Skin necrosis is very uncommon
 - Allergic or hypersensitivity to the fillers (Collagen is most common)
 - Sterile abscess.

FEES The cost of is:

Fillers – temporary	650/ampule	+GST
Fillers – semi permanent	1200/cc	+GST

Please [contact us](#) for your consultation on Lip Augmentation / Lip enhancement

You can view our website www.perthcosmeticsurgery.com.au

- Information on a range [cosmetic surgery and non surgical cosmetic procedures](#) available
- [Gallery / Before & After Photos](#)
- Find answers to your most [Frequently Asked Questions](#) (FAQs).
- Fees and Private Health Insurance rebate

If you wish to learn more about cosmetic surgery and facial plastic surgery please [contact us](#) to schedule a [consultation](#) with our Facial Plastic and Cosmetic Plastic Surgeon, [Dr Tuan Pham](#) or Nurse Coordinator.

GALLERY of lip augmentation



Before

After



Before

After